

Inn & Cottages Activities Calendar February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Location Key TG — The Garden/Browning D - Dickens PDR - Primrose Dining Room T - Tennyson WR - Waterford Dining Room LB - Inn Library GLR - Grand Living Room G - Gym AR - Arbor Room Lob — Lobby, Inn</p>						
3 Super Bowl Sunday 9:30am St. Georges Episcopal Service, TG 10:30am Sit & Fit, T	4 10:30am Sit & Fit, T 2:30p Podcast & Discussion w Nick, L 4pm Social Hour w, Trivia, GLR	5 Chinese New Year 9a Coffee & Chat, LB 10am Walmart, D 10:30am Sit & Fit, T 2p News & Views, GLR 3:15p Grand friends, TG	6 9:30am Catholic Communion, TG 10:30am Sit & Fit, T 11am BP Clinic, LB 2p Artist Visit: Michael Dandley, GLR 4pm Social Hour w Trivia, GLR	7 9a Coffee & Chat, LB 10am Strength & Balance, G 11:30a Walk & Talk, Lob 1p Market Basket, D	1 10:30am Sit & Fit, T 1:30p Bible Study, LB 4pm Social Hour w Trivia, GLR	2 9a Coffee & Chat, LB 10:30a Sit & Fit, T
10 10:30am Sit & Fit, T 2pm Bingo, PDR	11 10:30am Sit & Fit, T 2:30pm Podcast & Discussion w Nick, L 4pm Social Hour w, Trivia, GLR	12 9a Coffee & Chat, LB 10:30am Sit & Fit, T 2p News & Views, GLR 3:15p Grand friends, TG	13 9:30am Catholic Communion, TG 10:30am Sit & Fit, T 11a York St. Baptist, TG 11am BP Clinic, LB 4pm Social Hour w music by Bruce Pratt,	14 Valentine's Day 9 Coffee & Chat, LB 10am Strength & Balance, G 11:30a Walk & Talk, Lob 1pm Hannaford, D 2:30p Music by Dave Stone, D	15 10:30am Sit & Fit, T 1:30p Bible Study, LB 4pm Social Hour w, Gary S, GLR	16 9a Coffee & Chat, LB 10:30a Sit & Fit, T
17 9:30am St. Georges Episcopal Service, TG 10:30am Sit & Fit, T	18 Presidents Day 10:30am Sit & Fit, T 2:30pm Podcast & Discussion w Nick, L 3:15p Guest Speaker David Ramsay: Acadia Nat'l Park, T 4pm Social Hour w, Trivia, GLR	19 9a Coffee & Chat, LB 10:30am Sit & Fit, T 11:30am Inn Town Council, GLR 2p News & Views, GLR 3:30pm ALZ Support Group, GLR	20 9:30am Catholic Communion, TG 10:30am Sit & Fit, T 11am BP Clinic, LB 4pm Social Hour w Trivia, GLR	21 9a Coffee & Chat, LB 10am Strength & Balance, G 11:30a Walk & Talk, Lob 1p Market Basket, D 2:30p Music w. Wayne from ME, D	22 10:30am Sit & Fit, T 11a Lunch out to Sun & Surf, D 4pm Social Hour w, Rob Duquette, GLR	23 9a Coffee & Chat, LB 10:30a Sit & Fit, T
24 10:30am Sit & Fit, T 2pm Bingo, PDR	25 10:30am Sit & Fit, T 2:30pm Podcast & Discussion w Nick, L 4pm Social Hour w, Trivia, GLR	26 9a Coffee & Chat, LB 10:30am Sit & Fit, T 10:30 Hearing Aid Clinic, 11a Inn Lunch Out. 2p News & Views, GLR 3:15p Grand friends, TG	27 9:30am Catholic Communion, TG 10:30am Sit & Fit, T 11am BP Clinic, LB 4pm Social Hour w Trivia, GLR	28 9 Coffee & Chat, LB 10am Strength & Balance, G 11:30a Walk & Talk, Lob 1pm Hannaford, D 2:30p Music w. Red Gallagher, D	Questions? Comments? Contact Julia, Activities Director x 1304	