




Inn & Cottages Activities Calendar March 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 St. Georges Episcopal Service , TG 10:15 Sit & Fit, T 2:00 Bingo, PDR 2:00 Movie: <i>All About Eve</i> , GLR	2 10:00 Bus to shop Walmart 10:15 Sit & Fit, T 11:00 TED talk and discussion , T 2:30 Podcast & discussion with Jen , LB	3 9:00 Coffee & Chat, LB 10:00 Bus to vote for the Presidential Primary & Special Referendum 10:15 Sit & Fit, T 1:00 Second bus to vote 2:00 News & Views , GLR	4 9:30 Catholic Communion , TG 10:15 Sit & Fit, T 11:00 Blood Pressure Clinic, LB 12:15 Trip to the MET Opera to see <i>Agrippina</i> , Newington 4:00 Social Hour with Trivia, GLR	5 9:00 Coffee & Chat, LB 10:00 Strength & Balance with Sara , G 1:00 Bus to shop Hannaford 2:30 Music Program: Chris Heard, banjo, guitar and vocals , D	6 10:15 Sit & Fit, T 1:30 Bible Study with Reverend Gough , LB 4:00 Social Hour with music by Dave Stone, piano , GLR	7 9:00 Coffee & Chat, LB 10:15 Sit & Fit, T 2:00 Bingo, PDR
8 10:15 Sit & Fit, T 2:00 Bingo, PDR 2:00 Movie: <i>My Left Foot</i> , GLR	9 10:15 Sit & Fit, T 2:30 Podcast & discussion with Jen , LB	10 9:00 Coffee & Chat, LB 10:15 Sit & Fit, T 11:00 Trip for brunch at the Tiller Restaurant at the Cliff House, York 2:00 News & Views , GLR	11 9:30 Catholic Communion , TG 10:15 Sit & Fit, T 11:00 Blood Pressure Clinic, LB 11:00 York St. Baptist Service , TG 3:00 Resident Karl Sanford Oriental Rugs Talk , GLR 4:00 Social Hour with Trivia, GLR	12 9:00 Coffee & Chat, LB 10:00 Strength & Balance with Sara , G 1:00 Bus to shop Market Basket 2:30 Music Program: Gary Sredzenski, accordion , D	13 9:00 Footcare with Lorraine (Appt. Only) 10:15 Sit & Fit, T 4:00 Social Hour with Trivia, GLR	14 9:00 Coffee & Chat, LB 10:15 Sit & Fit, T 2:00 Bingo, PDR
15 9:30 St. Georges Episcopal Service , TG 10:15 Sit & Fit, T 2:00 Bingo, PDR 2:00 Movie: <i>The Da Vinci Code</i> , GLR	16 10:15 Sit & Fit, T 11:00 TED talk and discussion , T 2:30 Podcast & discussion with Jen , LB	17 St. Patrick's Day 9:00 Coffee & Chat, LB 10:15 Sit & Fit, T 11:00 Information Session about York's new Committee for Veterans' Affairs , GLR 1:00 Inn Resident Council , GLR 2:00 News & Views , GLR 3:30 ALZ Support Group, GLR	18 9:30 Catholic Communion , TG 9:30 Admiral's Club Outing to the MFA, Boston to see the exhibit <i>Lucien Freud: The Self-Portraits</i> 10:15 Sit & Fit, T 11:00 Blood Pressure Clinic, LB 4:00 Social Hour with Trivia, GLR	19 9:00 Coffee & Chat, LB 10:00 Strength & Balance with Sara , G 11:00-1:00 Technology Advice with Jen by appointment 1:00 Bus to shop Hannaford 2:30 Music Program: Jose Duddy, vocals , D	20 10:15 Sit & Fit, T 1:30 Bible Study with Reverend Gough , LB 4:00 Social Hour with music by Gary Sredzenski, accordion , GLR	21 9:00 Coffee & Chat, LB 10:15 Sit & Fit, T 2:00 Bingo, PDR
22 10:15 Sit & Fit, T 2:00 Bingo, PDR 2:00 Movie: <i>Mona Lisa Smile</i> , GLR	23 10:00 Bus to shop at Red's Shoe Barn, Dover 10:15 Sit & Fit, T 2:30 Podcast & discussion with Jen , LB	24 9:00 Coffee & Chat, LB 10:15 Sit & Fit, T 2:00 News & Views , GLR	25 9:30 Catholic Communion , TG 10:15 Sit & Fit, T 11:00 Blood Pressure Clinic, LB 1:30 Short Story Group, LB 2:30 Music Program: Rich Araldi, vibraphone , D 4:00-5:30 Wine Tasting Event with Wineralla , Lob	26 9:00 Coffee & Chat, LB 10:00 Strength & Balance with Sara , G 1:00 Bus to shop Market Basket 2:30 March Resident Birthday Party with music by Billy Joe Lake, guitar and vocals , D	27 10:00 Trip to the Maine Flower Show, Portland 10:15 Sit & Fit, T 4:00 Social Hour with Trivia, GLR	28 9:00 Coffee & Chat, LB 10:15 Sit & Fit, T 2:00 Bingo, PDR
29 10:15 Sit & Fit, T 2:00 Bingo, PDR 2:00 Movie: <i>The King and I</i> , GLR	30 10:15 Sit & Fit, T 2:30 Podcast & discussion with Jen , LB	31 9:00 Coffee & Chat, LB 10:15 Sit & Fit, T 2:00 News & Views , GLR	Happy Birthday 		<div style="border: 1px solid black; padding: 5px;"> <p><u>Location Key</u> TG - The Garden/Browning D - Dickens PDR - Primrose Dining Room T - Tennyson GLR - Grand Living Room G - Gym AR - Arbor Room Lob - Lobby, Inn WDR - Waterford Dining Room LB- Library</p> </div>	

Activities Director:
Jennifer Smith
363-5116 ext. 1304