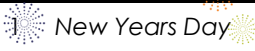





Tennyson & Dickens Activities Calendar January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Questions? Comments? Contact Julia, Activities Director x 1304</p>		<p> New Years Day 9:30am Exercise, TG 10:30am Sit & Fit, T 11am New Year's Around the World, D 1:15p Walking Group, D 2pm Bingo, T/D 3:15pm Tennyson Social, T</p>	<p>2 9:30a Catholic Communion, TG 10:30am Sit & Fit, T 11am Word Game, D 1:15p Walking Group, D 2pm Bingo, T/D 3:15pm Coloring & Crafts, D</p>	<p>3 9:30am Exercise, TG 10:30am Sit & Fit, T 11a "Dear Abby", D 1p Market Basket, D 1:15p Walking Group, D 2:30pm Music with Gary Scredzenski, D</p>	<p>4 9:30am Exercise, TG 10:30am Sit & Fit, T 11am Scenic Ride, D 1:15p Walking Group, D 2pm Bingo, T/D 3:15pm Tennyson Resident Council, T</p>	<p>5 10:30am Sit & Fit, T 2pm Bingo, PDR</p>
<p>6 9:30a St. Georges Episcopal Service, TG 10:30am Sit & Fit, T 2pm Bingo, PDR</p>	<p>7 9:30am Exercise, TG 10:30am Sit & Fit, T 10am Walmart, D 1:15p Walking Group, D 2pm Bingo, T/D 3:15p Dickens Resident Council, D</p>	<p>8 10:30am Sit & Fit, T 11a Shop @ Goodwill, D 1:15p Walking Group, D 2pm Bingo, T/D 3:15p Grand-friends, TG or Ball Toss Trivia, D</p>	<p>9 9:30a Catholic Communion, TG 10:30am Sit & Fit, T 11a York St. Baptist, TG 11a Tech Advice, D 1:15p Walking Group, D 2pm Bingo, T/D 3:15pm Balloon Volley Ball, D</p>	<p>10 9:30am Exercise, TG 10:30am Sit & Fit, T 11a Short Stories, D 1pm Hannaford, D 1:15pm Walking Group 2pm Bingo, T/D 3:15p Penny Ante, D</p>	<p>11 9:30am Exercise, TG 10:30am Sit & Fit, T 1:15p Walking Group, D 2pm Bingo, T/D 3:30pm Music with Julie Thompson, D</p>	<p>12 10:30am Sit & Fit, T 2pm Bingo, PDR</p>
<p>13 10:30am Sit & Fit, T 2pm Bingo, PDR</p>	<p>14 9:30am Exercise, TG 10:30am Sit & Fit, T 11a Who am I?, D 1:15p Walking Group, D 2pm Bingo, T/D 3:15pm Music with Chris Heard, D</p>	<p>15 9:30am Exercise, TG 10:30am Sit & Fit, T 11a Pizza & Bowling, D 1:15p Walking Group, D 2pm Bingo, T/D 3:15p Grand friends, TG 3:15pm Tennyson Social, T</p>	<p>16 9:30a Catholic Communion, TG 10:30am Sit & Fit, T 11am Card Game, D 1:15p Walking Group, D 2pm Bingo, T/D 3:15pm Men's Group, D</p>	<p>17 9:30am Exercise, TG 10:30am Sit & Fit, T 11a Art & Coloring, D 1p Market Basket, D 1:15p Walking Group, D 2:30pm Music with Billy Jo Lake, D</p>	<p>18 9:30am Exercise, TG 10:30am Sit & Fit, T 10:15am Bingo & Lunch at Kittery CC 1:15p Walking Group, D 2pm Bingo, T/D 3:15p Reminiscing, D</p>	<p>19 10:30am Sit & Fit, T 2pm Bingo, PDR</p>
<p>20 9:30a St. Georges Episcopal Service, TG 10:30am Sit & Fit, T 2pm Bingo, PDR</p>	<p> 21 MLK Jr. Day 9:30am Exercise, TG 10:30am Sit & Fit, T 11a Artist Water Color Lessons, T 1:15p Walking Group, D 2pm Bingo, T/D 3:15p Muisc with Bev & Mike Rogers, D</p>	<p>22 9:30am Exercise, TG 10:30am Sit & Fit, T 11am Craft, D 1:15p Walking Group, D 2pm Bingo, T/D 3:15p Tennyson Social 3:30p ALZ Support Group, GLR</p>	<p>23 9:30a Catholic Communion, TG 10:30am Sit & Fit, T 11a Tech Advice, T 1:15p Walking Group, D 2pm Bingo, T/D 3:15p Tea Tasting, D</p>	<p>24 9:30am Exercise, TG 10:30am Sit & Fit, T 11a Short Stories 1pm Hannaford, D 1:15p Walking Group, D 2:30pm Music with Jose Duddy, D</p>	<p>25 9:30am Exercise, TG 10:30am Sit & Fit, T 11am Lunch Out, D 1:15p Walking Group, D 2pm Bingo! T/D 3:15p Guest Speaker Roland Glenn: The Hawk & The Dove, T </p>	<p>26 10:30am Sit & Fit, T 2pm Bingo, PDR</p>
<p>27 10:30am Sit & Fit, T 2pm Bingo, PDR</p>	<p>28 9:30am Exercise, TG 10:30am Sit & Fit, T 11am Who am I? 1:15p Walking Group, D 2pm Bingo, T/D 3:15p Dickens Social, D</p>	<p>29 9:30am Exercise, TG 10:30am Sit & Fit, T 1:15p Walking Group, D 2pm Bingo, T/D 3pm Guest Speaker Mike Perry: Finland & Oslo, T</p>	<p>30 9:30a Catholic Communion, TG 10:30am Sit & Fit, T 1:15p Walking Group, D 2pm Bingo, T/D 3:15pm Current Events, D </p>	<p>31 9:30am Exercise, TG 10:30am Sit & Fit, T 11am Short Stories, D 1p Market Basket, D 1:15p Walking Group, D 2:30pm January Birth- day Party w. music by Rob Duquette, D</p>	<p><u>Location Key</u> TG — The Garden/Browning D - Dickens PDR - Primrose Dining Room T - Tennyson WR - Waterford Dining Room LB - Inn Library GLR - Grand Living Room AR - Arbor Room</p>	